

PLAYERS

A-Z

from Aardsma

to Zumaya

THE dollar values are what we project a player will be worth this year, but we don't necessarily recommend that you bid that amount. Some players have negative values — this value represents how much that player will hurt you compared to the average fantasy player. A consequence is that some positions will not have enough players with positive values, and you will have to bid more than the player will earn to fill your roster. The big number is his value in 12-team, 5x5, mixed leagues. 4x4 Value = 12-team, 4x4, AL or NL only. 5x5 value = 12-team, 5x5, AL or NL only. Players listed as "R" you should stash on your bench on draft day because of their upside. Players listed as "P" are prospects we project to have some major league stats but are only worth drafting if you have a minor league or deep reserve roster. Age as of March 1, 2010.

AARDSMA

David Aardsma \$6

Team: SEA Pos: P Throws: R Age: 28

4x4 Value \$10 5x5 Value \$10

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	AAA	35.3	3-2	15	26	7	45/11	4.33	1.047
07	CHA	32.3	2-1	0	39	4	36/17	6.40	1.732
08	AAA	2.0	0-0	0	0	0	2/2	0.00	1.000
08	BOS	48.7	4-2	0	49	4	49/35	5.55	1.726
09	SEA	71.3	3-6	38	49	4	80/34	2.52	1.164
10	SEA	65.0	4-4	29	52	5	70/34	3.74	1.323

Lacking a closer entering spring last year, general manager Jack Zduriencik brought a handful of candidates to camp, content to wait for a closer to, in his words, "emerge." It took an injury and ineffectiveness by Brandon Morrow, but Aardsma finally emerged as the ninth-inning answer by early May. He finished fourth in saves in the AL, while his 2.52 ERA ranked fifth among AL closers and his 10.1 K/9IP was fourth. He enters 2010 as the team's closer, though one standout season by no means makes him a lock for another. If he falters, the newly acquired Brandon League could take over the closer duties.

Bobby Abreu \$19

Team: LAA Pos: OF Bats: L Age: 36

4x4 Value \$25 5x5 Value \$30

CP:152 C:0 1B:0 2B:0 SS:0 3B:0 OF:136 DH:14

YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
07	NYG	605	171	123	16	101	25	84/115	.283	.369	.445
08	NYG	609	180	100	20	100	22	73/109	.296	.371	.471
09	LAA	563	165	96	15	103	30	94/113	.293	.390	.435
10	LAA	585	171	92	14	95	26	85/122	.292	.382	.421

Abreu's broad skill set — he hits for average, draws walks, has decent power and steals bases — is helping him to a slow decline through his 30s. He may not match 2009's numbers, as the absence of Chone Figgins should mean fewer runners on base and fewer at-bats against pitchers in the stretch, affecting everything across the board.

ACCARDO

Tony Abreu \$-14

Team: ARI Pos: 2B Bats: R Age: 25

4x4 Value R 5x5 Value \$-1

CP:6 C:0 1B:0 2B:1 SS:0 3B:1 OF:0 DH:0

YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
07	AAA	234	83	48	2	18	5	14/34	.355	.399	.517
07	LAD	166	45	19	2	17	0	7/21	.271	.309	.404
09	AA	89	26	11	0	5	0	1/12	.292	.300	.360
09	AAA	218	77	36	11	48	3	12/37	.353	.385	.615
09	LAD	8	2	0	0	1	0	3/2	.250	.455	.250
10	ARI	218	62	33	4	26	2	10/32	.284	.316	.422

Traded from the Dodgers to Arizona in the deal involving Jon Garland, Abreu's outlook for 2010 is unclear. At best, Abreu is a low-end NL-only guy, with batting average being really his only potentially above-average fantasy asset. He'll be competing for a utility role during spring training after the D-Backs signed Kelly Johnson to be their regular second baseman in December.

Jeremy Accardo \$-2

Team: TOR Pos: P Throws: R Age: 28

4x4 Value \$3 5x5 Value \$1

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	TOR	67.3	4-4	30	51	4	57/24	2.14	1.114
08	A	8.0	0-0	0	9	3	3/1	5.63	1.250
08	AAA	4.7	0-0	0	4	0	3/3	1.93	1.500
08	TOR	12.3	0-3	4	15	1	5/4	6.57	1.541
09	AAA	30.0	2-1	13	32	1	27/8	3.00	1.333
09	TOR	24.7	0-0	1	23	2	18/17	2.55	1.622
10	TOR	56.0	2-4	3	52	4	42/26	3.54	1.393

Accardo followed up his 2008 disappointment with another one in 2009. You can ignore the 2.55 ERA and concentrate on the 1.622 WHIP and the 6.2 BB/9IP to get a better read on his year. He was bounced around between Triple-A Las Vegas and Toronto and never carved out a role in the Toronto bullpen. He's clearly behind Scott Downs and Jason Frasor in the pecking order for saves, but a return to being a useful set-up option isn't out of the question.

Alfredo Aceves **\$6**

Team: NYY Pos: P Throws: R Age: 27

4x4 Value \$11 **5x5 Value \$11**

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
08	A	47.0	4-1	0	32	1	37/8	2.11	0.851
08	AA	50.0	2-2	0	37	3	35/6	1.80	0.860
08	AAA	43.7	2-3	0	42	6	42/13	4.12	1.260
08	NYY	30.0	1-0	0	25	4	16/10	2.40	1.167
09	AAA	23.7	2-0	0	18	3	18/5	3.80	0.972
09	NYY	84.0	10-1	1	69	10	69/16	3.54	1.012
10	NYY	76.0	6-3	0	64	9	60/14	3.43	1.026

After rocketing through the Yankees' system in 2008, Aceves spent most of last season in New York, proving to be a valuable swingman who could be called on to face just one batter or go as many as four innings. With a full year of professional ball under his belt, his strikeouts took off, jumping from 4.8 K/9IP in 2008 to 7.4 last year. Although a lingering back injury dented some of his second-half numbers, he should be strong again in 2010 as a long reliever with the ability to make spot starts as needed.

Dustin Ackley

Team: SEA Pos: 2B Bats: L Age: 22

The second overall pick in the 2009 draft, Ackley offers modest power, good speed and strong plate discipline and could move through Seattle's system quickly as the organization's best prospect. He played outfield and first base at North Carolina but will begin his pro career at second base, possibly starting 2010 at Double-A. Ackley, who hit .315/.412/.425 at the Arizona Fall League, likely will spend this year in the minors with a possible late-season callup before competing for a roster spot in 2011. Jose Lopez is in the final year of his deal, so there shouldn't be much standing in Ackley's way.

Manny Acosta

Team: ATL Pos: P Throws: R Age: 28

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	AAA	59.7	9-3	12	46	0	56/35	2.26	1.358
07	ATL	23.7	1-1	0	13	2	22/14	2.28	1.141
08	AAA	3.7	0-0	0	4	0	4/2	0.00	1.636
08	ATL	53.0	3-5	3	48	7	31/26	3.57	1.396
09	AAA	27.3	1-3	2	21	4	25/13	2.63	1.244
09	AAA	22.0	1-3	0	18	4	18/10	2.86	1.273
09	ATL	37.3	1-1	0	45	4	32/19	4.34	1.714

Acosta got lost amid a deep Atlanta bullpen last season as he was used in mostly low leverage situations, but he actually improved from 2008. He struck out more batters (7.78 K/9IP) and allowed fewer home runs. With a mid-90s fastball, Acosta could provide value if he wins a more significant role in the bullpen.

Mike Adams **\$5**

Team: SDG Pos: P Throws: R Age: 31

4x4 Value \$10 **5x5 Value \$10**

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
08	AAA	14.7	3-1	0	21	0	16/9	5.52	2.045
08	SDG	65.3	2-3	0	49	7	74/19	2.48	1.041
09	AA	4.0	1-0	0	3	1	6/2	2.25	1.250
09	AAA	5.0	0-0	0	4	1	0/1	5.40	1.000
09	SDG	37.0	0-0	0	14	1	45/8	0.73	0.595
10	SDG	51.0	1-0	2	33	2	56/14	2.12	0.922

Last year's stats were driven by a silly .163 BABIP and having 75 percent of the runs he allowed flagged as unearned. That said, Adams is something of an unknown treasure, with a career 2.53 ERA and 4.0 K/BB. If the Padres deal Heath Bell, a healthy Adams — never a certainty — could be in line to play Bell to Bell's Trevor Hoffman.

Jeremy Affeldt **\$3**

Team: SF Pos: P Throws: L Age: 30

4x4 Value \$7 **5x5 Value \$7**

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	COL	59.0	4-3	0	47	3	46/33	3.51	1.356
08	CIN	78.3	1-1	0	78	9	80/25	3.33	1.315
09	SFO	62.3	2-2	0	42	3	55/31	1.73	1.171
10	SF	68.0	3-2	0	55	5	62/29	2.65	1.235

Affeldt finished 2009 with a 1.73 ERA and 1.171 WHIP, and although his weak 55:31 K:BB ratio suggests it was a fluke, his phenomenal 3.53 G/F states otherwise. He really benefited from the move to San Francisco's friendly pitching environment, and while some regression is due in 2010, Affeldt will remain an integral part of the Giants' bullpen.

Jonathan Albaladejo

Team: NYY Pos: P Throws: R Age: 27

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	AA	36.7	4-3	2	30	3	35/15	4.17	1.227
07	AAA	24.0	3-0	0	14	2	21/7	1.13	0.875
07	WAS	14.3	1-1	0	7	1	12/2	1.88	0.628
08	A	4.0	0-0	0	3	0	4/0	0.00	0.750
08	AAA	7.0	0-0	0	5	1	5/4	1.29	1.286
08	NYY	13.7	0-1	0	15	1	13/6	3.95	1.537
09	AAA	36.0	3-0	11	25	4	26/3	1.75	0.778
09	NYY	34.3	5-1	0	41	6	21/16	5.24	1.660

Albaladejo began last year in the majors but yo-yoed between New York and Triple-A Scranton/Wilkes-Barre for much of the season. While his sharp slider worked effectively, his low-90s fastball was hittable, resulting in an ugly 1.660 WHIP, and his sputtering command deflated his K:BB ratio to 21:16. He'll likely be putting more miles on his New York-to-Scranton bus pass in 2010.

Matt Albers

Team: BAL Pos: P Throws: R Age: 27

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	AAA	53.0	2-3	0	50	6	43/22	3.74	1.358
07	HOU	110.7	4-11	0	127	18	71/50	5.86	1.599
08	A	2.0	0-0	0	1	0	4/1	0.00	1.000
08	BAL	49.0	3-3	0	43	4	26/22	3.49	1.327
09	AAA	12.7	1-0	0	18	1	12/5	5.68	1.816
09	BAL	67.0	3-6	0	80	3	49/36	5.51	1.731

After returning from shoulder surgery, Albers spent the 2009 season on the shuttle between Baltimore and Triple-A Norfolk. His time in Baltimore wasn't pretty, and he may have lost some stuff after surgery in late 2008. Look for Albers in middle relief if he makes the team at all this spring.

Tim Alderson

Team: PIT Pos: P Throws: R Age: 21

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	A	5.0	0-0	0	4	0	12/0	0.00	0.800
08	A	145.1	13-4	0	125	4	124/34	2.79	1.096
09	A+	26.0	1-1	0	31	4	20/3	4.15	1.308
09	AA	111.3	9-2	0	115	9	64/27	3.88	1.275

After zipping through three levels in two years with San Francisco, Alderson cooled off after going to Pittsburgh for Freddy Sanchez in a deadline deal last summer. The 2007 No. 1 draft pick began the campaign with a sparking 6-1 mark. A 46:14 K:BB ratio in 72.2 innings stood out, but an overall WHIP of 1.239 didn't look quite as good because of the 76 hits he allowed with Double-A Connecticut. Pitching for the Double-A Curve, Alderson put up erratic numbers, including an 18:13 K:BB ratio in 26 innings, but the 21-year-old righty has plenty of room to grow. Alderson's fastball can hit the low 90s with a herky-jerky motion that some believe could be even faster with some mechanical adjustments. He came to the Pirates as a highly-touted prospect and will likely get a chance to show his wares once again at the Double-A level with a chance of late-season advancement to Triple-A.

Brandon Allen **R**

Team: ARI Pos: 1B Bats: L Age: 24

4x4 Value R **5x5 Value R**

GP:32	C:0	1B:32	2B:0	SS:0	3B:0	OF:0	DH:0				
YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
07	A	516	146	84	18	93	7	39/124	.283	.337	.483
08	A	319	89	57	15	44	14	41/83	.279	.372	.527
08	AA	153	42	30	14	31	3	19/41	.275	.358	.614
09	AA	237	69	39	7	34	1	29/45	.291	.372	.451
09	AAA	61	16	6	1	8	0	0/13	.262	.262	.377
09	AAA	145	47	33	12	32	6	20/25	.324	.413	.641
09	ARI	104	21	13	4	14	0	12/40	.202	.284	.385
10	ARI	225	58	37	11	38	2	25/57	.258	.332	.458

Allen's stock went through the roof after the D-Backs acquired him from the White Sox in a trade for reliever Tony Pena in July. Upon arrival, Allen reported to Triple-A Reno and went on to swing one of the hottest bats in the Pacific Coast League during the second half of the season with a .324/.413/.641 line including 12 homers and 32 RBI in just 145 at-bats before the D-Backs made him a late-season callup. After his promotion, Allen appeared to be over-matched by big league pitching with a strikeout every 2.6 at-bats over a small sample size down the stretch. In an Arizona organization that desperately lacks major-league ready talent capable of hitting for power, Allen could quickly play his way into the role of long-term first baseman. Eventually, he could be a viable 30-35 homer candidate, but he'll have to earn his at-bats during spring training and a platoon situation could ultimately unfold.

Yonder Alonso

Team: CIN Pos: 1B Bats: L Age: 22

YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
08	A	19	6	1	0	2	0	5/5	.316	.440	.368
09	A	15	2	0	0	0	0	3/1	.133	.278	.133
09	A+	175	53	21	7	38	0	24/30	.303	.383	.497
09	AA	105	31	12	2	14	1	14/15	.295	.372	.457
09	AAA	16	5	2	1	2	0	1/1	.313	.353	.563

Alonso is going to present a dilemma to the Reds in the future, because he can only handle first base (and marginally at that) defensively, and Joey Votto is firmly ensconced there. But that's not going to be an issue in 2010 - Alonso's bat, particularly his ability to hit for power, still needs work. A broken hamate bone suffered midseason while playing for Double-A Carolina slowed down his progress and cut back on Alonso's power once he returned. He hit well in the Arizona Fall League, but once again not for power. Look for him to spend most of 2010 at Triple-A Louisville.

Pedro Alvarez **P**

Team: PIT Pos: 3B Bats: L Age: 23

4x4 Value \$5 **5x5 Value \$5**

YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
09	A+	243	60	38	14	55	1	37/70	.247	.342	.486
09	AA	222	74	42	13	40	1	34/59	.333	.419	.590
10	PIT	275	78	42	13	49	0	34/76	.284	.362	.495

Arguably Pittsburgh's best hitting prospect since Barry Bonds, Alvarez has a good chance of making his major league debut in 2010. The first-round draft pick exceeded expectations in his first professional season last summer, smacking 27 homers and driving in 95 runs while compiling a .913 OPS in 465 at-bats split between High-A and Double-A. The Pirates will most likely wait until at least June to bring him up, especially since the plan worked well with Andrew McCutchen. It almost seems inevitable that he winds up at first base in the long run, but he'll stay at third for as long as his conditioning holds up, according to general manager Neal Huntington. Alvarez's offense actually improved as his competition improved. At High-A, he hit .247/.342/.486 with a 37:70 BB:K ratio. He then put together a .333/.419/.590 mark and 34:59 BB:K ratio for Double-A Altoona. Right now, Alvarez seems like a can't miss prospect whom not even the Pirates can mess up.

Alfredo Amezaga

Pos: OF Bats: B Age: 32

Table with columns: GP, 27, C, 0, 1B, 0, 2B, 0, SS, 5, 3B, 0, OF, 18, DH, 0. Rows show stats for 07, 08, 09, and 10 seasons.

The Marlins' reliable supersub broke down in 2009, collecting just 69 at-bats before going down with a knee injury that eventually required surgery...

Brett Anderson

\$13

Team: OAK Pos: P Throws: L Age: 22

4x4 Value \$15 5x5 Value \$19

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows show stats for 07, 08, 09, and 10 seasons.

Anderson earned a spot in the A's rotation with a strong spring despite just six starts above Single-A entering the season. He was the A's ace by mid-season...

Brian N. Anderson

\$-19

Team: KAN Pos: OF Bats: R Age: 28

4x4 Value \$-5 5x5 Value \$-7

Table with columns: GP, 86, C, 0, 1B, 0, 2B, 0, SS, 0, 3B, 0, OF, 83, DH, 0. Rows show stats for 07, 08, 09, and 10 seasons.

Anderson was primarily an MLB-experienced outfielder serving at the Red Sox's Triple-A affiliate in Pawtucket last year, after Boston acquired him from the White Sox...

Bryan Anderson

Team: STL Pos: C Bats: L Age: 23

Table with columns: YR, TM, AB, H, R, HR, RBI, SB, BB/K, AVG, OBP, SLG. Rows show stats for 07, 08, 09, and 10 seasons.

Anderson struggled in his second Triple-A stint last year, finishing with an abysmal 10:42 BB:K ratio and a .245/.293/.399 line after a promising debut in 2008...

Garret Anderson

\$-8

Pos: OF Bats: L Age: 37

4x4 Value \$1 5x5 Value \$2

Table with columns: GP, 135, C, 0, 1B, 0, 2B, 0, SS, 0, 3B, 0, OF, 124, DH, 1. Rows show stats for 07, 08, 09, and 10 seasons.

At age 37, Anderson's career appears to be fading fast. He had the worst season of his career in 2009 and was a poor fit in the NL. He saw career lows in AVG, OBP and a meager .401 SLG...

Josh Anderson

\$-15

Team: CIN Pos: OF Bats: L Age: 27

4x4 Value \$-1 5x5 Value \$-2

Table with columns: GP, 118, C, 0, 1B, 0, 2B, 0, SS, 0, 3B, 0, OF, 107, DH, 5. Rows show stats for 07, 08, 09, and 10 seasons.

Anderson, obtained in a trade from Detroit in July, batted .240 with 24 RBI and 25 stolen bases. Anderson split time with Mitch Maier in center field after Jose Guillen succumbed to a season-ending injury...

Lars Anderson

Team: BOS Pos: 1B Bats: L Age: 22

Table with columns: YR, TM, AB, H, R, HR, RBI, SB, BB/K, AVG, OBP, SLG. Rows show stats for 07, 08, and 09 seasons.

Anderson's 2010 ETA appears to be too optimistic, as he slumped badly for Double-A Portland in 2009. The power potential we saw in 2008 didn't emerge in his first full season at Double-A. In each of the last two seasons, Anderson has had stretches when he struggled to hit for weeks at a time...

Robert Andino

Team: BAL Pos: SS Bats: R Age: 25

Table with columns: GP, 78, C, 0, 1B, 0, 2B, 8, SS, 62, 3B, 2, OF, 2, DH, 1. Rows show stats for 07, 08, and 09 seasons.

The Orioles swapped Hayden Penn for the slick-fielding Andino just before the 2009 season. He was thrust into an everyday role when Cesar Izturis missed a month following an appendectomy. Andino sizzled for a few games, but clearly he is not an everyday bat...

Elvis Andrus

\$10

Team: TEX Pos: SS Bats: R Age: 21

4x4 Value \$17 5x5 Value \$21

Table with columns: GP, 145, C, 0, 1B, 0, 2B, 0, SS, 145, 3B, 0, OF, 0, DH, 0. Rows show stats for 07, 08, 09, and 10 seasons.

Andrus took over as Texas' everyday shortstop following the team's request to have Michael Young shift to third base last January. His .702 OPS left something to be desired, but his 33 steals and 72 runs scored offered plenty of value...

Rick Ankiel

\$2

Pos: OF Bats: L Age: 30

4x4 Value \$7 5x5 Value \$11

Table with columns: GP, 122, C, 0, 1B, 0, 2B, 0, SS, 0, 3B, 0, OF, 101, DH, 0. Rows show stats for 07, 08, 09, and 10 seasons.

It looks like 2007 is turning out to be the fluke in Ankiel's career. Though he had a strong first half in 2008, the injury-filled and power-depleted second half carried over into 2009...

Matt Antonelli

Team: SDG Pos: 2B Bats: R Age: 24

Table with columns: YR, TM, AB, H, R, HR, RBI, SB, BB/K, AVG, OBP, SLG. Rows show stats for 07, 08, 09, and 10 seasons.

Antonelli's prospect status hit a wall at Triple-A, where he is a career .209 hitter, to go with a .193 mark in the majors. He is one of a number of Padres' batting prospects who failed to develop...

Evan Anundsen

Team: MIL Pos: P Throws: R Age: 21

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows show stats for 07, 08, and 09 seasons.

Anundsen had one of the best seasons of any pitcher in the Brewers' organization in 2009. He had a 2.70 ERA while striking out 118 in 130.1 innings for High-A Brevard County. Anundsen is a sinkerball pitcher and allowed just two home runs all year...

Norichika Aoki

Pos: OF Bats: L Age: 28

Japan's top hitter for average is coming off a "down" year, but he still hit .303 with a .400 OBP. Aoki has had his previous requests to be posted turned down, but given that Yakult posted Kazuhisa Ishii and Akinori Iwamura, they could bend and post him before he hits free agency. We would see him move to the U.S. in 2012 as a result.

J.P. Arencibia

Team: TOR Pos: C Bats: R Age: 24

YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
07	A	228	58	31	3	25	0	14/56	.254	.309	.377
08	A	248	78	38	13	62	0	11/46	.315	.344	.560
08	AA	262	74	32	14	43	0	7/55	.282	.302	.496
09	AAA	466	110	67	21	75	0	26/114	.236	.284	.444

Arencibia took a step back in 2009, hitting just .236 with 114 strikeouts in 500 plate appearances at Triple-A Las Vegas. The only somewhat encouraging sign is that his power remained intact despite his lack of control of the strike zone, though 21 homers in the hitter-friendly Pacific Coast League isn't anything to get overly excited about. The Jays had hoped he'd at least be ready to push for a job this spring, but that's simply not going to happen even with the departure of Rod Barajas. He'll need to work on controlling the strike zone and should get that chance as he'll spend most of the season at Triple-A.

Alberto Arias

R

Team: HOU Pos: P Throws: R Age: 26

		4x4 Value \$4		5x5 Value \$4					
YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	AAA	26.3	2-2	0	32	1	15/8	3.76	1.519
07	COL	7.3	1-0	0	8	1	3/5	4.91	1.773
08	AAA	69.3	4-4	1	71	3	56/21	3.63	1.327
08	AAA	45.7	3-4	0	50	3	41/16	4.73	1.445
08	HOU	8.0	1-1	0	11	0	8/6	6.75	2.125
08	COL	13.7	0-0	0	12	1	5/4	2.63	1.171
09	AAA	16.3	2-2	0	14	1	15/10	3.86	1.469
09	HOU	45.7	2-1	0	49	1	39/19	3.35	1.489
10	HOU	74.0	3-2	0	75	2	63/26	3.16	1.365

After a very rocky start to his season (5.87 ERA through mid-May), Arias came back with a vengeance -- carrying a 2.33 ERA at the end of July. He retreated somewhat from those numbers, in part due to injury, but his overall line remained useful for the Houston bullpen. Arias underwent season-ending hamstring surgery in September to remove a bone that had been causing inflammation in his tendon. He walks a few too many batters to be a lock to repeat his 2009 success, but as long as he's healthy, he should leave spring training with a job in the middle of the Astros' bullpen.

Joaquin Arias

Team: TEX Pos: SS Bats: R Age: 25

		GP:3	C:0	1B:0	2B:2	SS:0	3B:1	OF:0	DH:0		
YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
07	A	7	2	1	0	1	0	0/2	.286	.250	.429
07	AAA	11	2	3	0	1	1	0/2	.182	.182	.182
08	AAA	432	128	59	7	49	23	19/53	.296	.329	.421
08	TEX	110	32	15	0	9	4	7/12	.291	.345	.409
09	AAA	504	134	63	5	52	24	20/47	.266	.295	.335
09	TEX	8	0	0	0	0	0	0/3	.000	.000	.000

Arias spent the bulk of the year at Triple-A Oklahoma City, hitting poorly (.266/.295/.335) while flashing occasional speed (24-for-27 on the bases). There's still doubt regarding his arm strength following shoulder surgery in 2007, and Texas' acquisition of Joe Inglett should put an end to any thoughts of Arias spending the year in the majors as Texas' utility infielder following the departure of Omar Vizquel. His time in Texas could end at the end of spring when rosters are tweaked.

Cole Armstrong

Team: CHA Pos: C Bats: L Age: 26

YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
07	A	285	82	35	12	39	1	23/69	.288	.342	.474
07	AA	71	17	2	1	12	0	3/20	.239	.273	.366
08	AA	218	55	27	6	31	0	10/31	.252	.293	.413
08	AAA	138	38	12	2	17	0	5/27	.275	.310	.406
09	AAA	246	62	28	10	32	0	12/51	.252	.287	.427

Armstrong started spring training 2009 in the race for the backup catcher spot, but he wound up spending the whole season with Triple-A Charlotte. His .287 OBP over 246 at-bats won't cut it in the big leagues, and he allowed 41 steals in 63 games played at catcher. Armstrong doesn't profile as much more than a backup catcher at this point, and his chances of making the big league roster in 2010 could depend on whether the club thinks Tyler Flowers is ready to start the season in Chicago.

Eric Arnett

Team: MIL Pos: P Throws: R Age: 22

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
09	A	34.7	0-4	0	33	1	35/21	4.47	1.558

The Brewers selected Arnett with the 26th pick in the 2009 draft and signed him quickly. His control was a major issue in his short stint with rookie-level Helena and he gave up too many hits, but his strong 9.21 K/9IP shows his potential. The Brewers are short on starting pitchers and will push Arnett through the system. That doesn't mean that he'll see the majors in 2010, though, and he will likely start at Low-A Wisconsin.

Jose Arredondo

Pos: P Throws: R Age: 26

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	A	35.0	2-4	4	46	5	34/11	6.43	1.629
07	AA	25.0	0-1	10	16	2	28/12	2.52	1.120
07	AAA	3.0	0-0	0	2	0	1/2	3.00	1.333
08	AAA	17.0	1-1	10	12	2	15/4	2.12	0.941
08	LAA	61.0	10-2	0	42	3	55/22	1.62	1.049
09	AAA	20.7	1-1	1	13	1	24/14	2.18	1.306
09	LAA	45.0	2-3	0	47	6	47/23	6.00	1.556

It didn't come up much, but you wonder if the minor hip injury he suffered in March affected him. He walked 12 in 24 innings before being demoted in June, then continued walking too many hitters after his recall. He could have been a decent saves play for 2010, but Arredondo underwent Tommy John surgery and will miss the entire season. The Angels did not offer him a contract for 2010, making him a free agent. He was also reportedly stabbed in the arm in the Dominican Republic in December, but the injury was not considered serious. Look for him to resurface in 2011.

Jake Arrieta

Team: BAL Pos: P Throws: R Age: 24

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
08	A	113.0	6-5	0	80	7	120/51	2.87	1.159
09	AA	59.0	6-3	0	45	4	70/23	2.59	1.153
09	AAA	91.7	5-8	0	96	9	78/33	3.83	1.407

Arrieta is probably the best pitcher in Baltimore's system that has not made his MLB debut. The good news is that he is almost ready, but the bad news is he should not be confused with Chris Tillman and Brian Matusz. Arrieta seemed to be challenged in Triple-A, but he should have the stuff to be a middle or back of the rotation guy. Arrieta will compete for a rotation spot in spring, but it is more likely he will get the call around June.

Bronson Arroyo

\$7

Team: CIN Pos: P Throws: R Age: 33

		4x4 Value \$7		5x5 Value \$10					
YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	CIN	210.7	9-15	0	232	28	156/63	4.23	1.400
08	CIN	200.0	15-11	0	219	29	163/68	4.77	1.435
09	CIN	220.3	15-13	0	214	31	127/65	3.84	1.266
10	CIN	212.0	14-12	0	219	30	144/66	4.20	1.344

Arroyo's season-ending 3.84 ERA and 15 wins make it look as if he were a valuable fantasy commodity all year, but that's not the case. He got pounded regularly early on, posting a 5.38 ERA at the All-Star break. A steady diet of Pirates and Astros in September helped him close with a 2.24 post-All-Star ERA. Arroyo's strikeout rate dropped to a dangerously low 5.19 K/9IP in 2009, which might have been a function of his continuing case of carpal tunnel syndrome in his right wrist. He opted not to have surgery on that malady over the offseason.

Garrett Atkins

\$-7

Team: BAL Pos: 3B Bats: R Age: 30

		4x4 Value \$3		5x5 Value \$4			
GP:126	C:0	1B:28	2B:0	SS:0	3B:78	OF:0	DH:5

YR	TM	AB	H	R	HR	RBI	SB	BB/K	AVG	OBP	SLG
07	COL	605	182	83	25	111	3	67/96	.301	.367	.486
08	COL	611	175	86	21	99	1	40/100	.286	.328	.452
09	COL	354	80	37	9	48	0	41/58	.226	.308	.347
10	BAL	385	97	49	12	60	1	36/63	.252	.316	.392

Atkins' stock continued on the downward slide it's been on since the 2006 season, when he was considered by some to be one of the most well-rounded hitters in the National League. He took a back seat to Ian Stewart early in the season, and although Stewart's batting average was a mere two points higher than Atkins', the Rockies were eager to give Stewart enough at-bats to continue developing. Atkins was in line to spell Todd Helton at first base as Helton continued to recover from back surgery in the offseason, but Helton played more games than anyone anticipated, and at-bat opportunities became scarce. His price tag prevented the Rockies from being able to move him in a trade, resulting in the decision to non-tender him in December. He then signed with Baltimore where he'll likely win the third-base job and also get time at first base and DH. He'll add a needed right-handed power source to the Orioles' lineup, but his numbers will take a hit from leaving Coors Field, where he's hit .327/.385/.507 in his career compared to .252/.324/.411 on the road.

Mitch Atkins

Team: CHN Pos: P Throws: R Age: 24

YR	TM	IP	W-L	SV	H	HR	K/BB	ERA	WHIP
07	A	115.0	8-7	0	99	14	88/31	3.13	1.130
07	AA	26.0	1-1	0	30	5	18/11	5.54	1.577
08	AA	110.0	9-6	0	107	14	88/27	3.76	1.218
08	AAA	54.3	8-1	0	48	11	44/23	4.47	1.307
09	AAA	146.3	8-12	0	164	26	127/52	6.58	1.476
09	CHN	2.0	0-0	0	1	0	0/0	0.00	0.500

Atkins had a cup of coffee with the Cubs last year but spent most of his time being hittable at Triple-A Iowa. His K:BB numbers (127:52 in 146.1 IP) weren't too bad, but he served up a lot of hits and far too many home runs - hence the 6.58 ERA and 1.476 WHIP. He throws a low-90s fastball, a curve and a change, but he's still leaving too many pitches over the fat part of the plate. He'll compete for a bullpen spot in spring training, but is a long shot to have a significant role this year.

Michael Aubrey

\$-12

Team: BAL Pos: 1B Bats: L Age: 27

4x4 Value \$3 5x5 Value \$1

Table with columns: GP:31, C:0, 1B:25, 2B:0, SS:0, 3B:0, OF:0, DH:2. Rows include YR, TM, AB, H, R, HR, RBI, SB, BB/K, AVG, OBP, SLG for years 07-10.

The Orioles cut a deal for Aubrey as insurance after trading Aubrey Huff. He was fairly productive when given some late-season at-bats, but Baltimore will probably sign a veteran first baseman before spring training.

Bryan Augenstein

Team: ARI Pos: P Throws: R Age: 23

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows include years 07-09.

Augenstein hit the ground running with a 5-0 start at Double-A Mobile before getting a surprise early-season callup to Arizona when the big league rotation was scrambling following the loss of Brandon Webb.

Phillippe Aumont

Team: PHI Pos: P Throws: R Age: 21

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows include years 08-09.

Aumont, the Mariners' No. 1 pick in 2007 out of high school in Quebec, converted from starter to reliever last season with encouraging success.

Alex Avila

P

Team: DET Pos: C Bats: B Age: 23

4x4 Value P 5x5 Value P

Table with columns: GP:29, C:25, 1B:0, 2B:0, SS:0, 3B:0, OF:0, DH:0. Rows include years 08-10.

After brief stints with Low-A West Michigan and Double-A Erie the past two seasons, Avila saw a promotion to the big leagues in August last year.

Laird's backup, hitting .279/.375/.590 in 61 at-bats. The success he had during his callup has locked Avila in as the backup catcher for the start 2010 season.

Mike Aviles

\$-12

Team: KAN Pos: SS Bats: R Age: 29

4x4 Value \$2 5x5 Value \$1

Table with columns: GP:36, C:0, 1B:0, 2B:0, SS:34, 3B:2, OF:0, DH:1. Rows include years 07-10.

After a breakout 2008, hitting .325 with 10 home runs and 51 RBI and being named the Royals' Player of the Year, Aviles had high expectations entering 2009.

John Axford

Team: MIL Pos: P Throws: R Age: 26

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows include years 07-09.

Axford made his major league debut as a right-handed reliever in 2009 with the Brewers. While he can get a fair number of strikeouts, he also gives up his fair share of walks.

Erick Aybar

\$4

Team: LAA Pos: SS Bats: B Age: 26

4x4 Value \$13 5x5 Value \$16

Table with columns: GP:137, C:0, 1B:0, 2B:0, SS:136, 3B:0, OF:0, DH:0. Rows include years 07-10.

Aybar's strong glove enabled him to separate from Brandon Wood and Maicer Izturis and become the No. 1 shortstop - he started 65 of 70 games between the All-Star break and the Angels' clinching of the AL West.

Willy Aybar

\$-13

Team: TAM Pos: 3B Bats: B Age: 27

4x4 Value R 5x5 Value R

Table with columns: GP:105, C:0, 1B:31, 2B:28, SS:0, 3B:18, OF:0, DH:21. Rows include years 08-10.

Aybar spent 2009 in a utility role playing first, second and third for the Rays. As a result, he should be eligible at all three positions in 2010.

Burke Badenhop

\$-1

Team: FLA Pos: P Throws: R Age: 27

4x4 Value R 5x5 Value \$2

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows include years 07-09.

Badenhop rode his sinker to some major league success last season, bumping up his K/9IP rate and reducing his BB/9IP rate while still posting a solid G/F ratio of 1.93.

Danys Baez

\$-1

Team: PHI Pos: P Throws: R Age: 32

4x4 Value \$4 5x5 Value \$3

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows include years 07-10.

Baez's elbow felt no ill effects from Tommy John surgery in 2009 as he was very reliable in Baltimore's bullpen, though his strikeout rate remains a concern.

Andrew Bailey

\$14

Team: OAK Pos: P Throws: R Age: 25

4x4 Value \$18 5x5 Value \$19

Table with columns: YR, TM, IP, W-L, SV, H, HR, K/BB, ERA, WHIP. Rows include years 07-10.

Bailey earned American League Rookie of the Year honors after racking up 26 saves, a 0.876 WHIP and a 1.84 ERA in an impressive debut.

